

Особенности познавательной деятельности современных детей, подростков и молодежи в контексте проблем образования

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#### Research article

# Field dependence/independence of school students at different stages of society digitalization: A meta-analysis

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#### Abstract

Introduction. The beginning of the 21st century saw a rapid development of digital technology that radically changed the living environment of modern people. Digitalization entered—quickly and on a large scale—the life space of both adults and children, which subsequently had a significant impact not only on all spheres of human activity, but also on the processes of human development. The current trends in the digital transformation of the living environment affected the formation not only of the personal sphere of the younger generation, but also of the cognitive one. The article presents the results of a meta-analysis of changes in the level of field dependence/independence of school students of different ages at various stages of society digitalization.

*Materials and Methods*. The meta-analysis was performed in several stages: the sources were selected and assessed in terms of their relevance based on the inclusion and exclusion criteria, and then a qualitative and quantitative analysis of the data was carried out. 29 publications on school students' field dependence/independence were selected for the meta-analysis.

Results. The meta-analysis identified the main trends in changes in the level of field dependence/independence of school students at various stages of society digitalization. The study showed that the field independence of both elementary school age students and middle school age students grows with each stage of digitalization, while the field independence of high school age students remains approximately at the same level at all stages of digitalization.

Conclusions. It is concluded that the degree of digitalization of the school students' environment affects the indicators of field dependence/independence of school students mediated by the age-related changes of their cognitive and style characteristics. Future research could focus on more detailed study of changes in field dependence/independence and on other "digital transformations" of the cognitive potential of school students at various stages of society digitalization.

*Keywords:* meta-analysis, digitalization, digital technologies, cognitive style, field dependence, field independence, school age, school student

# Научная статья

# Метааналитическое исследование полезависимости — поленезависимости школьников на различных этапах цифровизации общества

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#### Аннотация

Введение. Начало двадцать первого века сопровождалось быстрым развитием цифровых технологий, кардинально изменивших жизненную среду современного человека. Процесс цифровизации стремительно и масштабно вошел в жизненное пространство как взрослых, так и детей, что впоследствии оказало значительное влияние не только на все сферы деятельности человека, но и на процессы его развития. Современные тенденции цифровой трансформации жизненной среды не могли не сказаться на характере формирования не только личностной, но и познавательной сферы подрастающего поколения. Целью исследования стало изучение характера изменений в уровне полезависимости — поленезависимости школьников разного возраста на различных этапах цифровизации общества.

Материалы и методы. Метааналитическое исследование было осуществлено в несколько этапов, в ходе которых проводился поиск источников, оценка их уместности на основе критериев включения и исключения, качественный и количественный анализ отобранных данных исследования. В результате для метааналитического исследования было отобрано 29 публикаций, выполненных на материале исследований полезависимости — поленезависимости учащихся школьного возраста.

Результаты. Определены основные тенденции изменений в уровне полезависимости — поленезависимости школьников разного возраста на различных этапах цифровизации общества. Исследование показало, что поленезависимость как младших школьников, так и младших подростков растет с каждым этапом цифровизации, в то время как поленезависимость старших подростков остается на всех этапах цифровизации примерно на одном и том же уровне.

Заключение. На основе полученных данных делается вывод, что влияние степени цифровизации жизненной среды на показатели полезависимости — поленезависимости школьников опосредуется возрастными закономерностями становления их когнитивно-стилевых характеристик. Перспективным продолжением исследования в рамках как зарубежной, так и отечественной психологической науки представляется изучение других «цифровых трансформаций» когнитивного потенциала школьников разного возраста на различных этапах цифровизации общества.

*Ключевые слова:* метаанализ, цифровизация, цифровые технологии, когнитивный стиль, полезависимость, поленезависимость, школьный возраст, школьники

# Introduction

Early 21st century was characterized by a rapid development of digital technology, which caused a radical change in modern peoples' living environment. Digitalization entered—quickly and on a large scale—the life space of both adults and children,

which subsequently had a significant impact not only on all spheres of human activity, but also on the processes of human development.

Specifically, informatization and digitalization are being universally incorporated into the teaching and learning process at all stages of education. Today digital technology makes it possible to use

state-of-the-art tools and programs in order to improve educational practices—which, in turn, allows an instantaneous exchange of experience and knowledge (Ikonnikova et al. 2020).

Education digitalization has been studied from the perspective of various sciences all over the world since the mid-1990s (Barglow 1994; Negroponte 1995; Tapscott 1995). In the recent 20 years, researchers have identified the main features of both digitalization and the developing digital culture.

The available studies note both the advantages of using digital technology in education and the problems stemming from the transformed process of knowledge transfer and knowledge acquisition. The interest in various aspects of education digitalization has been growing in the recent years (Nikulina, Starichenko 2018; Tulchinsky 2017; Chebotareva et al. 2018), but there is a lack of research that offers a comprehensive analysis of the impact exerted by digital technology on the cognitive sphere of schoolchildren of various age groups.

The transformative effects of digital technology on cognitive processes are probably linked to such factors as the redistribution of sensory load on the body, language transformations, continuous increase of information volume, hyper-textuality and ambiguity of information, abundance of information sources and the need to verify them. The said trends of digital transformation of the living environment could not but affect the development of children's cognitive sphere. Hence the specific relevance of studying the impact of digitalization on schoolchildren's cognitive sphere in general and on their cognitive style in particular.

Field dependence/independence is one of the most discussed cognitive styles: "in a narrow sense, it is the ability to identify a simple detail in a complex figure, and in a broad sense, it is an indicator of the level of psychological differentiation (and, correspondingly, an indicator of the nature of a person's cognitive orientation)" (Kholodnaya 2004, 52). However, Russian psychology scholars has only recently started to focus on the changes in the level of field dependence/independence effected by global digitalization in schoolchildren and university students of various age groups (Bakanov, Sivash 2017; Bogacheva 2015; Valieva, Shakirova 2021; Galchenko et al. 2020; Ermakov et al. 2022). Some researchers argue that active use of internet resources may generate new ways of information processing and, as a result, change the structure of cognitive abilities (Cheremoshkina 2013). At the current stage of information technology distribution, the assumptions regarding the impact of digitalization on the values of field dependence/independence may only be tested using a meta-analysis.

H.A. Witkin and his followers revealed that one of the poles of the 'field dependence' independence' cognitive style tends to become more prominent as a person grows (Witkin et al. 1967). According to M.A. Kholodnaya, "[a] little child tends to perceive the events in a field dependent way, but, as the child grows, his or her perception becomes increasingly field independent" (Kholodnaya 2004, 24). This means that a research of field dependence/independence should also take into account the age of the participants.

This study focuses on the changes in the degree of field dependence/independence in schoolchildren of various age groups at different stages of society digitalization. The study employs the method of meta-analysis that makes it possible to synthesize the results of a number of researches into a coherent picture describing the phenomenon in question and providing a closer reflection of statistical population. (Borokhovski, Bernard 2013).

As digital technology evolved through a number of stages characterized by a different nature of interaction between human and technology, the program of the meta-analytical study was based on the periodization of Web technology development (Prokhorov, Konik 2019). Specifically, three stages of digitalization of living environment are distinguished in this study: 1. ensuring access to information and involvement of users in the creation of digital content (prior to 2011); 2) development of mobile internet (2011–2017); and 3) expansion of digitalization into everyday life (2017 till present).

The analysis of the sources allowed to formulate the following research question: how did the mean values of field dependence/independence changed in schoolchildren of various age groups at different stages of society digitalization?

### **Materials and Methods**

The meta-analysis was performed in several stages: the sources were selected and assessed in terms of their relevance based on the inclusion and exclusion criteria, and then a qualitative and quantitative analysis of the published data was carried out. The relevant publications were searched for using Google Scholar, Elibrary and Scopus databases. For the meta-analysis, only empirical studies were selected which focused on schoolchildren's cognitive style, employed quantitative research methods and were published from 1970 to 2022 in peer-reviewed journals.

The presence of the following words or collocations in the title, abstract or keywords was the main criterium for inclusion of the articles in the meta-analysis: field dependence, field independence,

children, schoolchildren, adolescents, students. The following criteria were also used when deciding if an article should be included in the meta-analysis:

- the article has empirical data;
- the article provides a description of the sample (over 20 respondents aged 6-18);
- the respondents do not have a psychiatric condition;
- the article uses reliable methods known to researchers (the Embedded Figures Test by K. Gottschaldt or H.A. Witkin and its modifications)

• the language of the article is English or Russian.

The initial search returned 2114 publications, most of which did not meet the above criteria (see Table 1; some articles did not meet several criteria)

As a result, the final list of publications for the meta-analysis contained as few as 29 items (Table 2). As these publications contain data obtained using different versions of H.A. Witkin's Embedded Figures Test—specifically, the Group Embedded Figures Test (GEFT) and the Children's Embedded Figures

Table 1. Data exclusion criteria and number of excluded articles

Data exclusion criteria	Number of excluded articles	Percentage of total articles	
Lack of open access to the publication	689	32.6%	
The publication is not an article published in peer-reviewed journals and is a thesis, dissertation or conference proceedings	505	23.9%	
Lack of empirical data	281	13.3%	
The publication sample does not match the search query	256	12.1%	
Publications that include a keyword but do not match the search query	199	9.4%	
Reviews, lack of empirical research	125	5.9%	
Publications in a foreign language other than English	95	4.5%	
Publications in which the test name is not indicated	68	3.2%	
Publications in which the sample has psychiatric diagnoses	16	0.8%	
Publications with a sample size of less than 10 people	11	0.5%	
Adaptations of tests or training programs	7	0.3%	

Табл. 1. Критерии исключения данных и количество соответствующих статей

Критерии исключения данных	Количество исключенных статей	Процент от общего числа статей
Отсутствие открытого доступа к публикации	689	32,6%
Публикация не является статьей, опубликованной в рецензируемых журналах: ВКР, диссертация, материалы конференции	505	23,9%
Отсутствие эмпирических данных	281	13,3%
Выборка публикации не соответствует поисковому запросу	256	12,1%
Публикации, включающие ключевое слово, но не соответствующие поисковому запросу	199	9,4%
Обзорный характер публикации, отсутствие эмпирического исследования	125	5,9%
Публикации, выполненные на иностранном языке, исключая английский	95	4,5%
Публикации, в которых не указана методика	68	3,2%
Публикации, где у выборки присутствует наличие психиатрических диагнозов	16	0,8%
Публикации, где выборка меньше 10 человек	11	0,5%
Адаптация методик или программ обучения	7	0,3%

Table 2. Information about the publications included in the sample for the meta-analysis

Distaliantia	Publications Test		Number of studies and total sample size			
Digitalization stages		Test	Elementary school age	Middle school age	High school age	Total
First stage (prior to 2011)	Alevriadou et al. 2004; Dinges, Hollenbeck 1978 Gargiulo 1982; Guisande et al. 2007; Lockheed et al. 1977; Mebane, Johnson 1970; Venkata Rao 2007; Villalobos et al. 2010	CEFT	8 (n = 827)	_	_	8 (n = 827)
	Fritz et al. 2002; Horino 2008; Maghsudi 2007; Osborne 2000; Weymer 2002	GEFT	_	1 (n = 142)	4 (n = 661)	5 (n = 803)
Second stage (2011–2017)	Guisande et al. 2012	CEFT	1 (n = 149)	_	_	1 (n = 149)
	Adegoke 2011; Daneshamooz et al. 2012; Farsi et al. 2014; Lin et al. 2014; Mousavi et al. 2012; Mutlu, Temiz 2013; Rezaeian 2012; Saadatmanesh 2014; Thomson et al. 2014	GEFT	1 (n = 61)	2 (n = 313)	6 (n = 1383)	9 (n = 1757)
Third stage (from 2017)	Sirait et al. 2017	CEFT	1 (n = 46)	_	_	1 (n = 46)
	Aydın Ceran, Ates 2020; Dey 2017; Ifelunni et al. 2022; Şahin, Ateş 2020; Yaghoobi et al. 2019	GEFT	2 (n = 600)	2 (n = 903)	1 (n = 368)	5 (n = 1871)
	Total		13 (n = 1683)	5 (n = 1358)	11 (n = 2412)	29 (n = 5453)

Табл. 2. Сведения о публикациях, вошедших в выборку метааналитического исследования

Этапы цифрови- зации	Источники Методи		Количество исследований / суммарное количество респондентов			
		Методика	Младший школьный	Младший подростко- вый	Старший подрост- ковый	Итого
Первый этап (до 2011)	Alevriadou et al. 2004; Dinges, Hollenbeck 1978; Gargiulo 1982; Guisande et al. 2007; Lockheed et al. 1977; Mebane, Johnson 1970; Venkata Rao 2007; Villalobos et al. 2010	CEFT	8 (n = 827)	_	_	8 (n = 827)
	Fritz et al. 2002; Horino 2008; Maghsudi 2007; Osborne 2000; Weymer 2002	GEFT	_	1 (n = 142)	4 (n = 661)	5 (n = 803)
Второй этап (2011–2017)	Guisande et al. 2012	CEFT	1 (n = 149)	_	_	1 (n = 149)
	Adegoke 2011; Daneshamooz et al. 2012; Farsi et al. 2014; Lin et al. 2014; Mousavi et al. 2012; Mutlu, Temiz 2013; Rezaeian 2012; Saadatmanesh 2014; Thomson et al. 2014;	GEFT	1 (n = 61)	2 (n = 313)	6 (n = 1383)	9 (n = 1757)
Третий этап (с 2017)	Sirait et al. 2017	CEFT	1 (n = 46)	_	_	1 (n = 46)
	Aydın Ceran, Ates 2020; Dey 2017; Ifelunni et al. 2022; Şahin, Ateş 2020; Yaghoobi et al. 2019	GEFT	2 (n = 600)	2 (n = 903)	1 (n = 368)	5 (n = 1871)
Итого		13 (n = 1683)	5 (n = 1358)	11 (n = 2412)	29 (n = 5453)	

Test (CEFT), the values provided in such publications were converted to rank scales which were then used as a basis for statistical calculations. The results were statistically processed using the Statistica 12.0 software package. Statistical processing involved calculation of descriptive statistics and the Kruskal-Wallis test.

# Results

Based in the obtained data, the mean unranked values of field dependence/independence were calculated according to H.A. Witkin's Group Embedded Figures Test and Children's Embedded Figures Test simultaneously for each age group of schoolchildren and each stage of digitalization. The results are contained in Figs. 1-2.

At the first stage of digitalization, high school students show the highest mean values of field independence according to the Group Embedded Figures Test (GEFT). This finding allows a conclusion that at the first stage of digitalization the influence of age-related changes on the degree of field independence is higher than the influence of the expansion of digital technology into the living environment. However, such a conclusion should be drawn with caution, because no data about the mean values of field dependence/independence in

elementary school students was found using this method for the first stage of digitalization—i.e., the difference in the mean values can be observed only between middle school students and high school students. However, elementary school students show the highest mean values of field dependence/ independence already at the second stage of digitalization. This allows an assumption that the specifics of the second stage of digitalization made a significant impact on their degree of field dependence/independence. As regards the third stage of digitalization, elementary school students and high school students exhibit more or less identical mean values of field dependence/ independence. This makes it possible to put forward a hypothesis that the mean values of field dependence/ independence in schoolchildren are impacted not only by age-related changes, but also by the degree of living environment digitalization.

At the same time, it should be noted that, according to the Children's Embedded Figures Test (CEFT), the mean values of field dependence/independence in elementary school children increase with each consecutive stage of digitalization. These findings allow an assumption that the higher the digitalization of elementary school children's living environment, the higher their level of field independence.

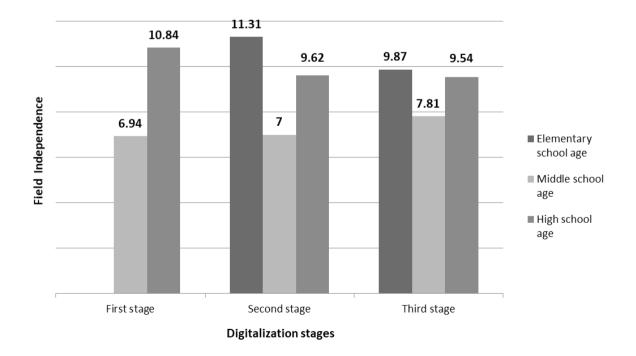


Fig. 1. Mean values of indicators of field dependence/independence of school students of different ages at different stages of digitalization (GEFT)

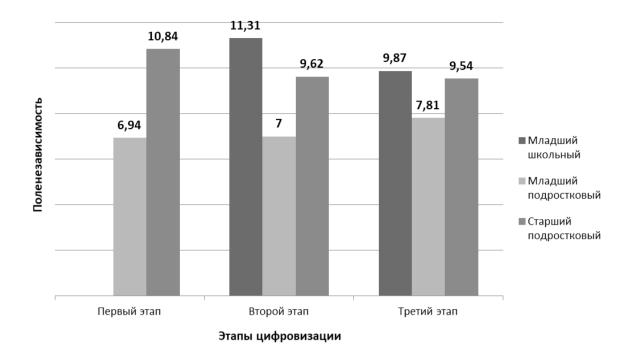


Рис. 1. Средние значения показателей полезависимости — поленезависимости школьников разных возрастов на разных этапах цифровизации (по методике GEFT)

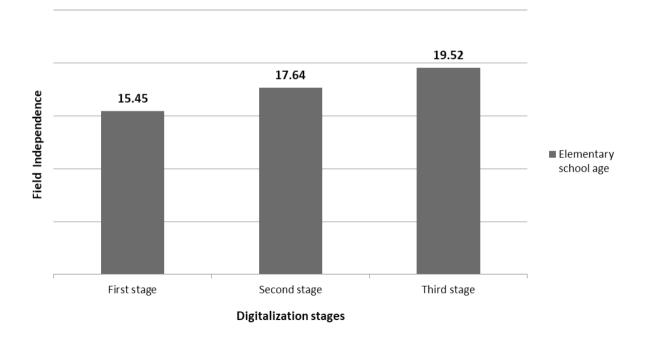


Fig. 2. Mean values of indicators of field dependence/independence of elementary school students of different ages at different stages of digitalization (CEFT)

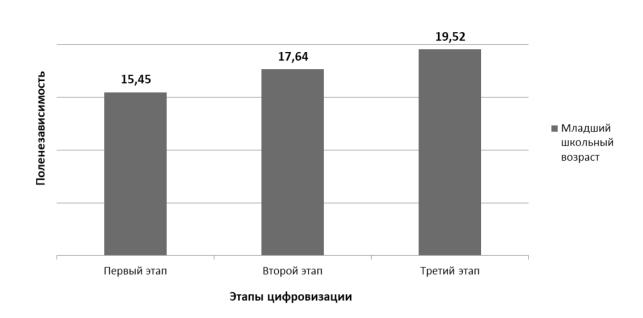


Рис. 2. Средние значения показателей полезависимости — поленезависимости младших школьников на разных этапах цифровизации (по методике CEFT)

Then ranking was performed, and the data obtained by the GEFT and the CEFT was combined using a coefficient (Fig. 3).

The application of the Kruskal–Wallis test to analyze the differences in the values of field dependence/independence of schoolchildren of each age group across different stages of society digitalization revealed that such differences are not homogeneous for all the age groups: for elementary school students H = 4.05 with p = 0.13, for middle school students H = 1.35 with p = 0.50, and for high school students H = 0.18 with p = 0.91. Therefore, it can be said that, on the trend level, there are differences in the values of field dependence/ independence of elementary school children between various stages of society digitalization, while the values for middle school and high school students have no statistically significant differences between stages.

It should be noted that, at the first stage of digitalization, the mean values of field dependence/independence in elementary school children are significantly lower than at the second and third stages—this indicates that digitalization has made a significant contribution to the increase of field independence of elementary school children in the recent years. The same trend is observed for middle school students: at the first stage of digitalization,

their mean values of field dependence/independence are lower compared to the second stage, and at the second stage the values are lower than at the third one. These findings are also an evidence of the probable impact of the specifics of different digitalization stages on the values of field dependence/ independence: the higher the digitalization of schoolchildren's living environment, the higher the degree of their field independence. At the same time, the mean values of field dependence/ independence in high school students show a significantly different picture: at all three stages of digitalization, the mean values are virtually identical this probably indicates that field dependence/ independence of high school students is much more strongly impacted by age-related specifics than by the degree of living environment digitalization.

It should also be noted that at the first stage of digitalization high school students show the highest mean values of field dependence/independence, while at the second stage the highest values are demonstrated by elementary school children. This might mean that cognitive style features were impacted more by the specifics of the second stage of digitalization than by age-related changes. The same trend is observed at the third stage of digitalization: elementary school students remain more field independent than middle school

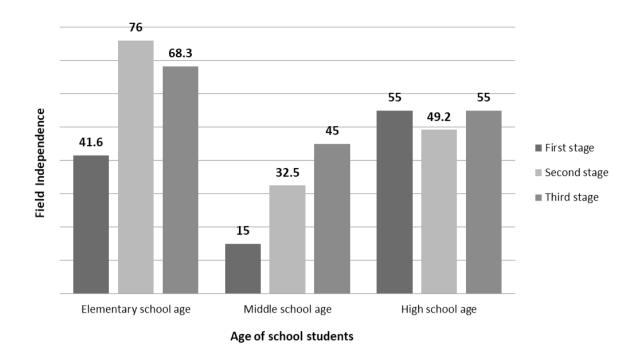


Fig. 3. Mean values of indicators of field dependence/independence of school students of different ages at different stages of digitalization (CEFT and GEFT)

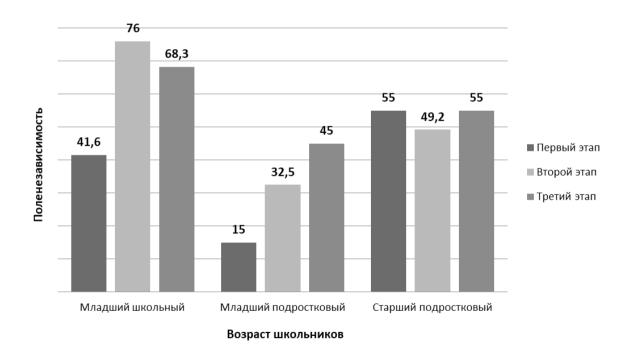


Рис. 3. Средние значения показателей полезависимости — поленезависимости школьников разных возрастов на разных этапах цифровизации по методикам GEFT и CEFT

and high school students. At the same time, field independence of elementary school children and middle school students grows with each stage of digitalization, while field independence of high school students remains at approximately the same level throughout all the stages. Therefore, it can be assumed that the values of field dependence/independence in schoolchildren are impacted by both age-related changes and the degree of living environment digitalization. The younger the schoolchildren, the higher the impact of the degree of digitalization on their field dependence/independence, while the role of age-related regularities in the formation of cognitive style increases together with the increase of age.

# **Conclusions**

Today digitalization of education is considered to be inevitable. This means that it is extremely relevant and important to study the impact of digitalization on learning-in particular, on schoolchildren's cognitive potential (Zherebnenko et al. 2018). This article offers a meta-analysis of research published in the period covering over 50 years back from now to explore the changes of the degree of field dependence/independence in schoolchildren of various age groups at different stages of society digitalization. The findings show that schoolchildren's field dependence/independence at all three stages of society digitalization is presumably impacted by both age-related changes and the degree of living environment digitalization. Specifically, the study revealed that field independence of elementary school children and middle school students grows with each stage of digitalization, while field independence of high school students remains approximately the same throughout all three stages. Based on the findings, a conclusion was made: the younger the age of schoolchildren, the more prominent the impact of the degree of society digitalization on their field dependence/independence (i.e., the more field independent they become), while as children grow, the age-related specifics of cognitive potential development acquire the predominant importance.

The meta-analysis presented in this article has some limitations that should be noted. First, the analyzed publications—and, consequently, their samples—are unevenly distributed across the digitalization stages. Second, the samples may be qualitatively different, and this factor is impossible to reduce, as there is not enough information about the social and demographic characteristics of the schoolchildren surveyed. Third, scholars study the field dependent/independent cognitive style using different methods and their modifications, which makes the results obtained by such methods difficult to compare and reduced the number of publications included in the final list for the meta-analysis. These limitations may to a certain degree affect the reliability of the results presented in this article. Still, the study of the changes in schoolchildren's field dependence/ independence as well as of other indicators of the 'digital transformation' of the cognitive potential of schoolchildren of various age groups at different stages of digitalization is a promising sphere in the research of the 'digital transformations' of human cognitive potential.

# **Conflict of Interest**

The author declares that there is no conflict of interest, either existing or potential.

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